

"I Am The Bread of Life"



Loud Cry Compendium

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Q. What is the word of God compared to in the Bible?

A. Bread

Matthew 4:4; Deuteronomy 8:2-3; Luke 4:4

Q. When the Israelites were wandering in the wilderness for forty years, what did God sustain them with daily?

A. He sustained them with Bread from Heaven, called Manna.

Exodus 16:4 -5, 14-16; Nehemiah 9:14-15

Q. Not only did God use the Bread from Heaven to feed His people, But He also used another type of bread in the Old Testament. Where else do we see this bread?

A. We see this bread in the Hebrew Sanctuary/Temple. It was to be food for the Priests.

Exodus 25:23, 30; Exodus 40:23; Leviticus 24:5-7,9

Note: In Scripture, we see many examples of God using physical things to explain Spiritual things. This we shall see with the example of the Bread.

Q. Apart from the two small fish, what else did Christ feed the multitudes with?

A. He fed them with five loaves of bread.

Mark 6:41-42; John 6:8-12



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Q. What did Jesus feed the two disciples in Emmaus with after His resurrection?

A. He broke bread with them and fed them.

Luke 24:28-30

Note: Throughout Scripture, God uses the analogy of bread to teach us some very important truths.

Q. Scripture teaches us that the bread represents the word of God, and this is true. But who does the Word of God represent?

A. Christ is the Word of God. He is the physical manifestation of God's spoken word.

John 1:1-3,14; 1st John 5:7

Q. Therefore, If Christ is the Word of God, and bread is given in Scripture to represent God's Word. Who does the Bread represent?

A. Jesus is the Bread of Life. We must partake of this Living Bread daily that we may be sustained in our Christian walk.

Without this true Bread, we can never be satisfied.

John 6:28-35; John 6:48-51; Luke 22:19



"I am that bread of life. Your fathers did eat manna in the wilderness, and are dead. This is the bread which cometh down from heaven, that a man may eat thereof, and not die. I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world."

John 6:48-51


"What food is to the body, Christ must be to the soul. Food cannot benefit us unless we eat it, unless it becomes a part of our being. So Christ is of no value to us if we do not know Him as a personal Saviour. A theoretical knowledge will do us no good. We must feed upon Him, receive Him into the heart, so that His life becomes our life. His love, His grace, must be assimilated."


Desire of Ages, pg. 389


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